



AMAZING CLASSES FOR YOUR CHILD TO ENJOY!



AMAZING ATHLETES MULTI-SPORT PROGRAM SETS KIDS ON A PATH TO AN **ACTIVE & HEALTHY LIFESTYLE** BY TEACHING THEM THE BASICS OF SPORTS, HEALTH, AND NUTRITION.

CLASS OVERVIEW



WARM UP



ACTIVE EDUCATION



SPORT ONE



SPORT TWO



COOL DOWN

PLAY



10 SPORTS



LEARN



INTRODUCTION TO
NUTRITION

MUSCLE
IDENTIFICATION



PERFORM

**BALANCING JUMPING THROWING
CATCHING RUNNING KICKING**

COME PLAY WITH US *at East Hills Academy*

Get ready to have fun with Amazing Athletes Before-School Program!

There's still time to jump in and have fun at our upcoming class. See details below.

Dates: 08/10/2026 – 09/04/2026, Mon-Fri

Time: 6:30am – 7:30am

Address: East Hills Academy
1001 E. Van Buren St.

PLUS, more class locations available online.

Can't find a class near you? Contact us to schedule a **Private Class, Private Camp** or inquire about our **Sports Holiday Camps**.

Enroll at
<https://registration.amazingathletes.com/events/spotlight/east-hills-academy-before-school-program>

SEE FULL AGE BREAKDOWN AND
SCHEDULE BY SCANNING



CONTACT US:
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**LEARN
MORE &
ENROLL**

