



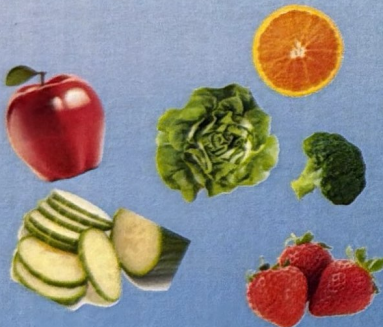
Colorado Springs Schools

August 2026

East Hills
Academy

Lunch Menu

Fruits, vegetables, milk
and water offered daily.



Menu is subject to
change with no notice.

P- contains pork
V — vegetarian option

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



WELCOME
BACK TO SCHOOL



4

11

12

13

14

Teriyaki Chicken &
Lo Mein
Or
V-Yogurt Parfait w/
Granola &
Sunflower Seeds

V, P-Variety Pizza
Or
Turkey & Cheese
Sandwich

V-Cheese Nachos
Or
Chef Salad with
Cheez-Its

P-Cinnamon Roll &
Sausage Patties
Or
Cheese Pizza
Lunch Box

17

18

19

20

21

Chicken Bites &
Goldfish Crackers
Or
V-Yogurt Parfait with
Granola & Sunflower
Kernels

Build Your
Own Tacos
Or
Picnic Roll

V, P- Variety Pizza
Or
V-Peanut Butter &
Jelly Sandwich

V-Mac & Cheese
Or
D11 Lunch-box

Chicken Alfredo
Penne
Or
Chef Salad with
Cheez-Its

24

25

26

27

28

V-French Toast w/
Yogurt Dip
Or
Ham & Cheese
Sub

Plain or Cheesy
Burger
Or
V-Cream Cheese
Filled Bagel & Hard-
Boiled Egg

French Bread
Pizza
Or
Turkey & Cheese
Sandwich

Ramen Bowl w/
an Egg Roll
Or
Ham & Swiss
Croissant

BBQ Chicken and
Cornbread
Or
V-Yogurt Parfait w/
Granola &
Sunflower Kernels

31

V-Bosco Sticks &
Pizza Sauce
Or
Turkey & Cheese
Sub

High to Five
Great Year!

This institution is an equal opportunity provider.